

Full Length Research Paper

Antimicrobial effects of novel fluorous and non-fluorous surfactants

Kamonrat Phopin^{1,2*} and Barry S. Bean³¹Center for Research and Innovation, Faculty of Medical Technology, Mahidol University, Bangkok 10700, Thailand.²Department of Clinical Microbiology and Applied Technology, Faculty of Medical Technology, Mahidol University, Bangkok 10700, Thailand.³Department of Biological Sciences, Lehigh University, Bethlehem, PA 18015, USA.

Received 9 May, 2015; Accepted 2 October, 2015

Novel fluorous and non-fluorous surfactants have been synthesized and examined for their potential as microbicides compared with nonoxynol-9 (N-9) by testing their effects on *Candida albicans* (*C. albicans*) and *Escherichia coli* (*E. coli*). These compounds include nonionic surfactants consisting of F5-triethylene glycol (F5-TEG), F7-triethylene glycol (F7-TEG), C5-triethylene glycol (C5-TEG), C7-triethylene glycol (C7-TEG), and anionic surfactants consisting of F5-propane sultone (F5-PS), and F7-propane sultone (F7-PS). In this study, we investigated the possible effects of fluorous and non-fluorous surfactants on the growth of *C. albicans* and *E. coli* cultured *in vitro*, which were treated individually with different concentrations of these novel surfactants and nonoxynol-9 (N-9). Then, each sample was incubated for 3, 6, 24 and 48 h at 35°C for *C. albicans* and 37°C for *E. coli*. After incubation, *C. albicans* and *E. coli* colonies were evaluated compared with the control. N-9 and F5-PS had only small effects (25% growth inhibition or lower) on *C. albicans* but F7-PS, F7-TEG, F5-TEG, and C5-TEG notably inhibited *C. albicans* growth, and had potential to control their population. *C. albicans* cells treated with 10% F7-TEG, F5-TEG, or C5-TEG showed no growth; especially, C5-TEG gave the maximum growth inhibition of *C. albicans*. For *E. coli*, N-9 had no growth inhibition but F7-PS, F5-TEG, C5-TEG, C7-TEG, and F7-TEG inhibited *E. coli* growth. Interestingly, F7-TEG showed the maximum inhibition for *E. coli* starting at a concentration of 1%. Therefore, these surfactants might have potential for prevention or treatment of genital and urinary tract infection from *C. albicans* and *E. coli*.

Key words: *Candida albicans*, *Escherichia coli*, nonoxynol-9, fluorous surfactants, non-fluorous surfactants.

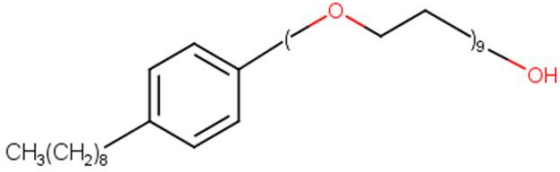
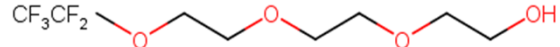
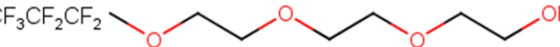
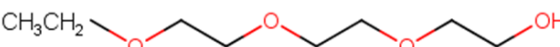
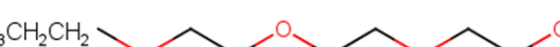
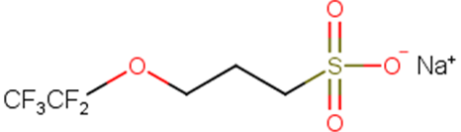
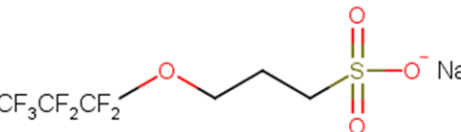
INTRODUCTION

Since the 1950's the nonionic surfactant, nonoxynol-9 (N-9), has been widely used as a contraceptive agent (Savle et al., 1999; Gandour, 2005). It immobilizes sperm in seconds after penetrating into sperm membranes and forming mixed micelles with their lipids and causes sperm

membrane damage (Schill and Wolff, 1981; Wilborn et al., 1983; Doncel, 2006). While effective at killing sperm, many recent studies report that N-9 also damages epithelial cells and normal flora in vagina. N-9 disrupts normal flora such as *Lactobacillus* and creates imbalance

*Corresponding author. E-mail: kamonrat.php@mahidol.ac.th. Tel: 0830919008.

Table 1. The chemical structures of surfactants.

Surfactant	Chemical structures
Nonoxynol-9 (N-9)	
F5-triethylene glycol (F5-TEG)	
F7-triethylene glycol (F7-TEG)	
C5-triethylene glycol (C5-TEG)	
C7-triethylene glycol (C7-TEG)	
F5-propane sulfone (F5-PS)	
F7-propane sulfone (P7-PS)	

in the vagina (Klebanoff, 1992; McGroarty et al., 1992; Stafford et al., 1998; Patton et al., 1999; Gupta, 2005). The imbalance in vagina can enhance the growth of *Candida* and *Escherichia coli*, which often become serious pathogens in the vagina and urinary tract. In addition, with prolonged use N-9 can cause tiny abrasions inside the sensitive vaginal and anal walls, leading to increased risk of infections (Raymond et al., 2004; Gandour, 2005).

E. coli, a Gram negative bacterium, is commonly found in the lower intestine of warm-blooded animals. Virulent strains of *E. coli* can cause vaginal and urinary tract infections (McGroarty et al., 1994). Use of N-9 can increase the risk of *E. coli* colonization in vagina and increase rates of urinary tract infection by four times (McGroarty et al., 1994; Watts et al., 1999). *Candida* is yeast and the most common cause of opportunistic infection of the female reproductive tract. It is among the normal flora of skin, mouth, vagina, and intestinal tract. There are many species of *Candida* that can cause genital candidiasis or vulvovaginitis. The most important causative agent is *Candida albicans* (Dupont, 1995). Use of spermicides containing N-9 can increase the chance of *Candida* adhesion to epithelia, with consequent increase in the opportunity of genital tract infection (Gandour, 2005).

Due to adverse effects of N-9, novel fluorinated and non-fluorinated surfactants have been synthesized and their

potentials as spermicides and microbicides are under investigation. These novel surfactants are able to kill human and mouse sperm, but show only little effect on HeLa cells. Additionally, they might have potential to control overgrowth of *C. albicans* and *E. coli*. The structures of the compounds reported here are shown in Table 1 along with their common names.

Here, we report the potential of new fluorinated and non-fluorinated surfactants as microbicides for *C. albicans* and *E. coli*.

MATERIALS AND METHODS

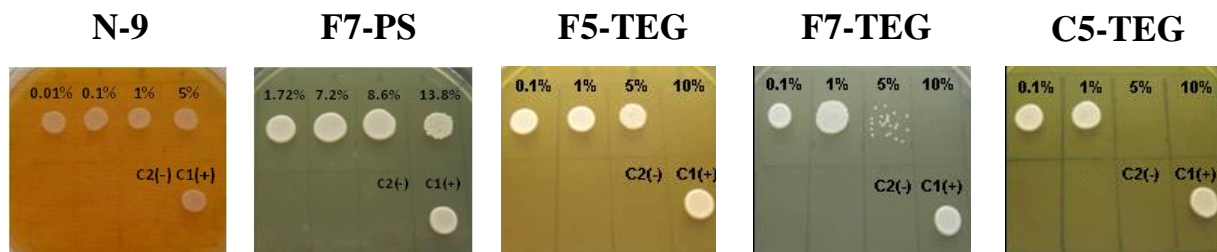
Microbes and culture media

Candida albicans received from St. Luke's Hospital (Bethlehem, PA) was cultured in Yeast Extract-Peptone-Dextrose (YPD) broth and YPD agar (Becton, Dickinson and Company, MD) and incubated at 35°C. *E. coli* (ATCC 25922) was cultured in Luria-Bertani (LB) broth and agar (Becton, Dickinson and Company, MD) and incubated at 37°C. All culture media were prepared as the instructions from the manufacture.

Surfactants

Non-ionic nonoxynol-9 (N-9) was procured from Sigma-Aldrich Inc., MO. Other surfactants, F5-triethylene glycol (F5-TEG), F7-triethylene glycol (F7-TEG), C5-triethylene glycol (C5-TEG), C5-triethylene glycol (C5-TEG), F5-propane sulfone (F5-PS), and F7-propane sulfone (F7-PS), were obtained from the Department of

a) Undiluted



b) 1:3500

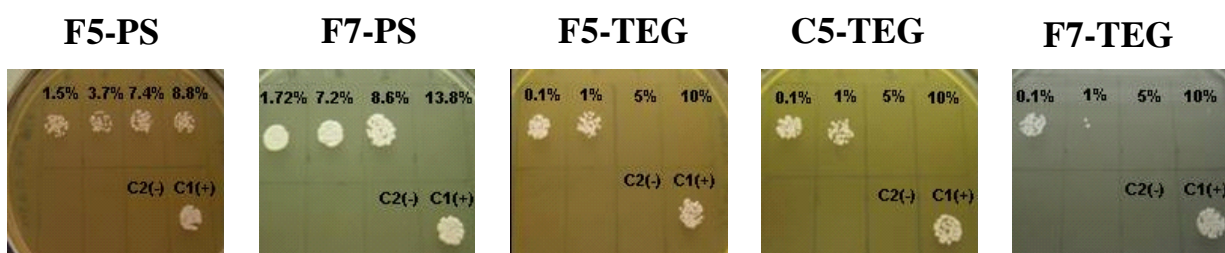


Figure 1. Growth of *C. albicans* following 24 h of treatments with six surfactants. 100 μ L volumes of YPD broth containing various concentrations of surfactants were inoculated with 2×10^3 - 1×10^4 *C. albicans*, and incubated with rotation at 35°C for 24 h. Then, 5 μ L of each *C. albicans* suspension (undiluted or 1:3500 diluted samples) were dropped on YPD agar and incubated at 35°C for 48 h. After incubation, *C. albicans* colonies were evaluated compared with control C1 (untreated positive control) and C2 (negative control). a) *C. albicans* suspension was treated with different concentrations of N-9, F7-PS, F5-TEG, F7-TEG, and C5-TEG from undiluted samples. b) *C. albicans* suspension was treated with different concentrations of F5-PS, F7-PS, F5-TEG, C5-TEG, and F7-TEG from 1:3500 diluted samples.

Chemistry, Lehigh University, Bethlehem, PA. The chemical structures of all surfactants are listed in the Table 1. The synthesis and properties of these compounds have been previously reported (Bean et al., 2011).

Microbicidal effects

Several concentrations of each surfactant were made in YPD broth: 0.1, 1, and 5% non-ionic N-9, 0.1, 1, 5, and 10% non-ionic C5-TEG, non-ionic C7-TEG, non-ionic F5-TEG, and non-ionic F7-TEG, 1.5, 3.7, 7.4, and 8.8% anionic F5-PS, and 1.72, 7.2, 8.6 and 13.8% anionic F7-PS. Positive control C1 (98 μ L YPD broth and 2 μ L *C. albicans* suspension) and negative control C2 (100 μ L YPD broth) were prepared. Yeast cells were suspended in 0.85% NaCl solution and cell densities were estimated by absorbance. Cell density was adjusted with spectrophotometer by adding sufficient sterile saline to increase the transmittance to that produced by a 0.5 McFarland standard at 530 nm wavelength. This procedure yielded a yeast stock suspension of 1.5×10^6 cells per mL. The stock suspension was diluted by 1:50 in YPD broth medium containing each surfactant, which results in 2×10^4 to 1×10^5 cells per mL. Tubes containing these treated cultures were incubated with rotation at 35°C for 3, 6, 24, and 48 h. After incubation, 5 μ L of each *C. albicans* suspension were dropped on YPD agar. *C. albicans* suspensions were undiluted and diluted to 1:1000 and 1:3500 before plating on YPD agar. Each *C. albicans*-plated YPD agar was incubated at 35°C for 24 and 48 h. After incubation, *C. albicans* colonies were evaluated compared with control. Results were

documented and shown in Figure 1.

For *E. coli* investigations, similar concentrations of each of the above surfactants were made in LB broth positive control C1 (98 μ L LB broth and 2 μ L *E. coli* suspension) and C3 (49 μ L LB broth and 49 μ L sterile distilled water) and negative control C2 (100 μ L LB broth) were prepared. *E. coli* was suspended in 0.85% NaCl solution and adjusted with saline to give a turbidity equivalent to the McFarland 0.5 standard (around 1×10^8 cells/mL). The stock suspension was diluted by 1:50 in LB broth containing each surfactant to give a final organism density of 2×10^4 - 1×10^5 cells per mL. Tubes were cultured with rotation at 37°C for 3, 6, 24 and 48 h. After incubation, 5 μ L of each *E. coli* suspension was dropped on LB agar. *E. coli* suspensions were undiluted and diluted to 1:3500 before plating on LB agar. Each *E. coli*-plated LB agar was incubated at 37°C for 24 and 48 h. After incubation, *E. coli* colonies were evaluated and compared with control. Results were documented and shown in Figure 1.

RESULTS

Effects of fluorous and non-fluorous surfactants on *C. albicans*

The effects on growth of *C. albicans* treated with various concentrations of six surfactants were determined. A sampling of results is shown in Figure 1a for undiluted samples and Figure 1b for dilution at 1:3500 at 24 h and

Table 2. The growth of *C. albicans* following treatments with different concentrations of N-9, F5-PS, F7-PS, F5-TEG, F7-TEG and C5-TEG for 3, 6, 24, and 48 h.

Treatment duration	3 h				6 h				24 h				48 h			
	Concentration				Concentration				Concentration				Concentration			
N-9	0.01%	0.1%	1%	5%	0.01%	0.1%	1%	5%	0.01%	0.1%	1%	5%	0.01%	0.1%	1%	5%
-Undiluted	C	C	C	C	C	C	C	C	C	C	C	C	N/A	N/A	N/A	N/A
- 1:1000	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	C	S	S	S	C	S	S	S
- 1:3500	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A
F5-PS	1.5%	3.7%	7.4%	8.8%	1.5%	3.7%	7.4%	8.8%	1.5%	3.7%	7.4%	8.8%	1.5%	3.7%	7.4%	8.8%
- Undiluted	C	C	C	C	C	C	C	C	C	C	C	C	N/A	N/A	N/A	N/A
- 1:1000	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	C	S	S	S	C	S	S	S
- 1:3500	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	S	S	S	S	N/A	N/A	N/A	N/A
F7-PS	1.72%	7.2%	8.6%	13.8%	1.72%	7.2%	8.6%	13.8%	1.72%	7.2%	8.6%	13.8%	1.72%	7.2%	8.6%	13.8%
- Undiluted	C	C	C	C	C	C	C	C	C	C	C	S	C	C	C	L
- 1:1000	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	C	C	C	L	C	C	C	NG
- 1:3500	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	C	C	S	NG	C	C	S	NG
F5-TEG	0.1%	1%	5%	10%	0.1%	1%	5%	10%	0.1%	1%	5%	10%	0.1%	1%	5%	10%
- Undiluted	C	C	C	S	C	C	C	M	C	C	S	NG	C	C	S	NG
- 1:3500	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	C	S	NG	NG	C	M	NG	NG
F7-TEG	0.1%	1%	5%	10%	0.1%	1%	5%	10%	0.1%	1%	5%	10%	0.1%	1%	5%	10%
- Undiluted	C	S	M	M	C	S	M	L	C	S	L	NG	C	S	L	NG
- 1:1000	N/A	N/A	N/A	N/A	C	M	NG	NG	C	L	NG	NG	C	L	NG	NG
- 1:3500	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	C	L	NG	NG	C	L	NG	NG
C5-TEG	0.1%	1%	5%	10%	0.1%	1%	5%	10%	0.1%	1%	5%	10%	0.1%	1%	5%	10%
- Undiluted	C	C	M	NG	C	C	L	NG	C	C	NG	NG	C	C	NG	NG
- 1:3500	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	C	S	NG	NG	C	S	NG	NG

C = result is similar to control; S = small effect (25% growth inhibition or lower); M = medium effect (25-75% growth inhibition); L = large effect (75% growth inhibition or higher); NG = no growth; N/A = no test.

a detailed summary for all treatments is presented in Table 2. There was no effect of all concentrations of N-9 on *C. albicans* of undiluted samples at 3, 6, and 24 h (Figure 1a, 2a). At dilution 1:1000, N-9 showed a little effect in 0.1, 1, and 5% at 24 h and 48 h (Table 2). F5-PS did not show growth-inhibition effect on *C. albicans* in undiluted samples at any time periods as shown in Figure 2b. However, *Candida* growth was slightly inhibited at 3.7, 7.4, and 8.8% of F5-PS in the sample dilution of 1:1000 (at 24 and 48 h) and

1:3500 at 24 h (Figure 1b and Table 2). F7-PS at 13.8% concentration showed small effect (25% growth inhibition or lower) on *C. albicans* in undiluted samples at 24 h (Figure 1a), but it had a large effect (75% growth inhibition or higher) on *C. albicans* at 48 h (Figure 2c). Moreover, 13.8% of F7-PS showed large effect (75% growth inhibition or higher) on *C. albicans* at 24 h, and no growth at 48 h for diluted samples of 1:1000 and we found that it inhibited *C. albicans* growth effectively at 24 and 48 h for diluted samples of 1:3500 (Figure 1b

at 24 h and Table 2). At 10% concentration of F5-TEG, the results of undiluted samples revealed that there were small (25% growth inhibition or lower) and medium (25-75% growth inhibition) effects at 3 and 6 h, respectively and F5-TEG killed all *C. albicans* following 24 (Figure 1a) and 48 h of treatment (Figure 2d and Table 2). At sample dilution of 1:3500, 5 and 10% of F5-TEG inhibited *Candida* growth significantly at 24 (Figure 1b) and 48 h (Table 2). The growth of *C. albicans* cells treated with 1, 5 and 10% of F7-

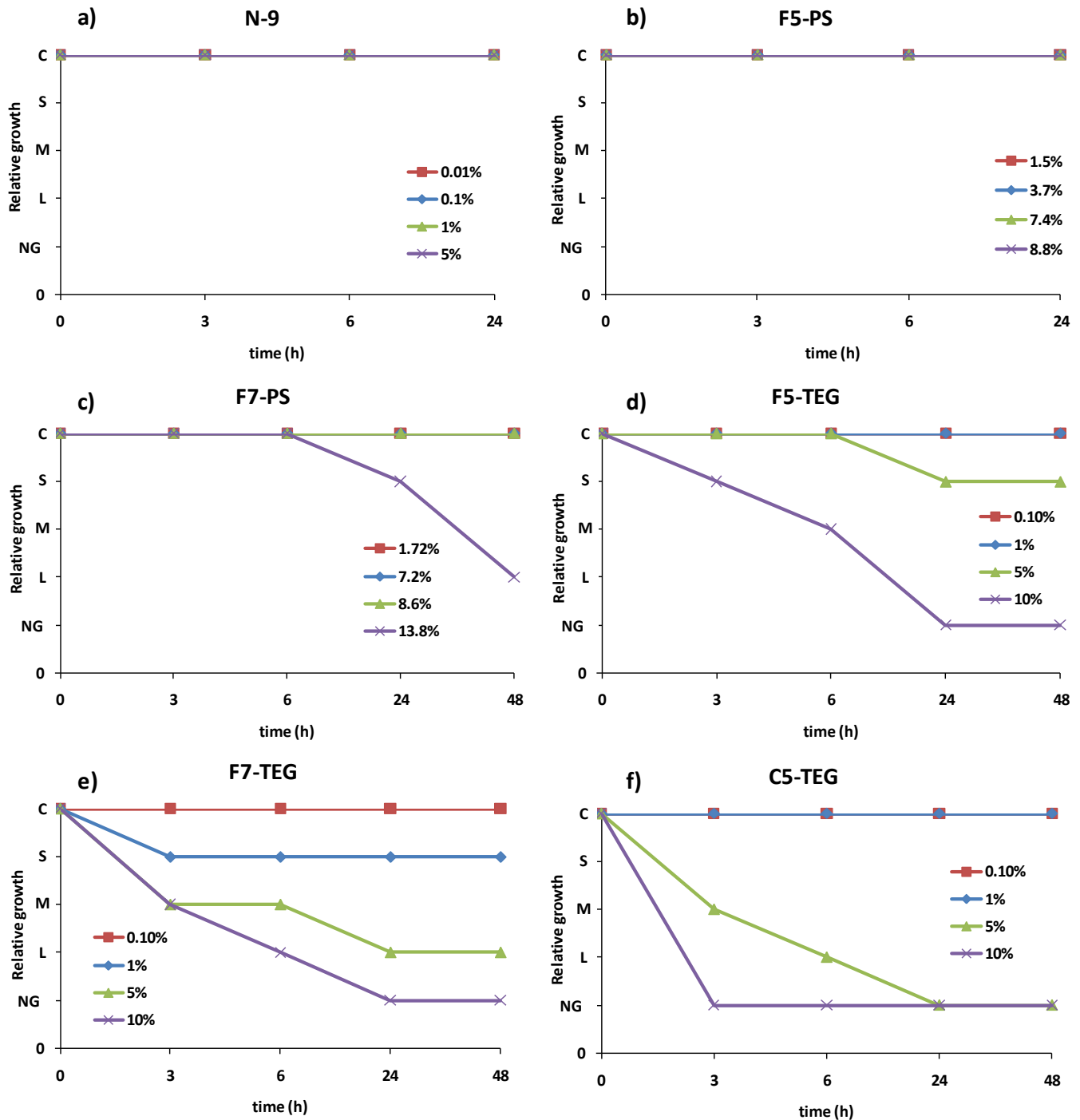


Figure 2. Growth of *C. albicans* treatments with various concentrations of six surfactants in undiluted samples at different time points. a) N-9; b) F5-PS; c) F7-PS; d) F5-TEG; e) F7-TEG; f) C5-TEG.

TEG was decreased in undiluted samples at 3 and 6 h (Figure 2e and Table 2). At 24 and 48 h, *C. albicans* growth was dramatically decreased at 5% and completely inhibited at 10% (Figure 1a and 2e). For sample dilution of 1:1000, 1% concentration of F7-TEG inhibited growth of *C. albicans* cells, which were significantly killed in 5%

and 10% at 6, 24 and 48 h (Table 2). The similar results were shown for sample dilution of 1:3500 at 24 (Figure 1b) and 48 h (Table 2). When *C. albicans* was treated with C5-TEG, 5% of C5-TEG decreased cell growth in undiluted samples at 3 and 6 h and showed no growth in the concentration of 10% (Figure 2f and Table 2).

Table 3. *E.coli* treated with different concentrations of N-9, F5-PS, F7-PS, F5-TEG, F7-TEG, and C5-TEG.

Treatment Duration	3 h				6 h				24 h				48 h			
	Concentration				Concentration				Concentration				Concentration			
N-9	0.1%	1%	5%	10%	0.1%	1%	5%	10%	0.1%	1%	5%	10%	0.1%	1%	5%	10%
-Undiluted	C	C	C	C	C	C	C	C	C	C	C	C	C	C	C	C
- 1:3500	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	C	C	C	C	C	C	C	C
F7-PS	1.72%	7.2%	8.6%		1.72%	7.2%	8.6%		1.72%	7.2%	8.6%		1.72%	7.2%	8.6%	
-Undiluted	C	S	L		C	S	L		C	S	NG		C	S	NG	
- 1:3500	N/A	N/A	N/A		N/A	N/A	N/A		C	L	NG		C	L	NG	
C5-TEG	0.1%	1%	5%	10%	0.1%	1%	5%	10%	0.1%	1%	5%	10%	0.1%	1%	5%	10%
-Undiluted	C	C	NG	NG	C	C	NG	NG	C	C	NG	NG	C	C	NG	NG
- 1:3500	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	C	C	NG	NG	C	C	NG	NG
C7-TEG	0.1%	1%	5%	10%	0.1%	1%	5%	10%	0.1%	1%	5%	10%	0.1%	1%	5%	10%
-Undiluted	C	C	NG	NG	C	C	NG	NG	C	C	NG	NG	C	C	NG	NG
- 1:3500	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	C	C	NG	NG	C	C	NG	NG
F5-TEG	0.1%	1%	5%	10%	0.1%	1%	5%	10%	0.1%	1%	5%	10%	0.1%	1%	5%	10%
-Undiluted	C	C	C	NG	C	C	L	NG	C	C	NG	NG	C	C	NG	NG
- 1:3500	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	C	C	NG	NG	C	C	NG	NG
F7-TEG	0.1%	1%	5%	10%	0.1%	1%	5%	10%	0.1%	1%	5%	10%	0.1%	1%	5%	10%
-Undiluted	C	M	NG	NG	C	NG	NG	NG	C	NG	NG	NG	C	NG	NG	NG
- 1:3500	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	C	NG	NG	NG	C	NG	NG	NG

C = result is similar to control; S = small effect (25% growth inhibition or lower); M = medium effect (25-75% growth inhibition); L = large effect (75% growth inhibition or higher); NG = no growth; N/A = no test.

Additionally, at 24 and 48 h, 5% and 10% of C5-TEG completely inhibited *C. albicans* growth in undiluted (Figure 1a, 2f and Table 2) and 1:3500 samples (Figure 1b and Table 2). Based on the experimental results, N-9, F5-PS, and F7-PS showed little growth inhibition (25% inhibition or lower) ability at the same concentration. On the other hand, F5-TEG, F7-TEG, and C5-TEG revealed striking growth inhibition of *C. albicans*.

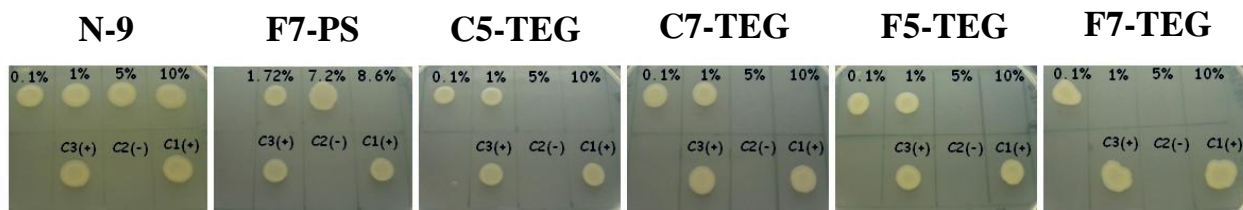
Effects of fluorous and non-fluorous surfactants on *E. coli*

E. coli cells were treated with various concentrations

of different surfactants. The results for all surfactants are listed in Table 3, and examples of plates are shown in Figure 3. There was no growth inhibition effect of N-9 on *E. coli* at all concentrations (Figure 3, 4a and Table 3). At undiluted samples, *E. coli* treated with F7-PS showed large effects (75% inhibition or higher) at 3 and 6 h, and no growth in concentration of 8.6% at 24 and 48 h (Figure 3a, 4b and Table 3). Similar results of 1:3000 diluted samples treated with 8.6% of F7-PS were found (Figure 3b and Table 3). In addition, we found that 5, 10%, or higher concentration of C5-TEG and C7-TEG inhibited *E. coli* growth effectively at 3, 6, 24 and

48 h (Figure 3, 4c, 4d and Table 3). 10% of F5-TEG showed *E. coli* growth inhibition at 3, 6, 24, and 48 h in undiluted treatments (Figure 3a, 4e and Table 3). Moreover, at 24 and 48 h, 5% and higher concentration of F5-TEG completely inhibited *E. coli* in all samples (Figure 3, 4e and Table 3). In concentration of 1, 5 and 10% of F7-TEG dramatically decreased *E. coli* growth at 6, 24 and 48 h (Figure 3, 4f and Table 3). All F7-TEG treatments produced similar effects on *E. coli* in undiluted (Figure 4f) and diluted (1:3500) samples (Figure 3 and Table 3). Therefore, F7-TEG was observed to be the most potent surfactant for *E. coli* growth inhibition. Based on

a) Undiluted



b) 1:3500

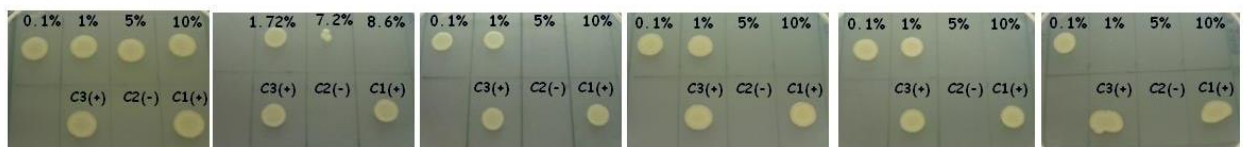


Figure 3. Growth of *E. coli* was treated with various concentrations of six surfactants: N-9, F7-PS, C5-TEG, C7-TEG, F5-TEG, and F7-TEG from undiluted (a) and 1:3500 diluted samples (b). 100 μ L volumes of LB broth containing various concentrations of surfactants were inoculated with 2×10^5 *E. coli*, and incubated with rotation at 37°C. Samples were taken for evaluation of growth potential following 24 h of treatment. 5 μ L of samples of treated suspensions were plated directly (3a), or after 1:3500 dilution (3b) in LB broth. *E. coli* colonies were compared with untreated positive controls (C1 and C3) and negative controls (uninoculated medium) on each plate following 24 h of incubation.

the results, N-9 showed no effect on *E. coli*, but F7-PS, F5-TEG, C5-TEG, C7-TEG, and F7-TEG showed effective inhibition on *E. coli* growth. Interestingly, F7-TEG showed the excellent inhibition growth of *E. coli* starting at low concentration from 1%.

DISCUSSION

Based on the results, there was no effect of all concentrations of N-9 on *C. albicans* and *E. coli* similar to several reports. Uropathogenic bacteria including *E. coli*, *Proteus mirabilis*, *Enterococcus faecalis* and *Staphylococcus* species have been found growing at concentration of 25% or higher of N-9 (McGroarty et al., 1994). Watts et al. (1999) studied the effects of N-9 on *E. coli* and found that the number of women increased the colonization of *E. coli* in vagina after using N-9 (Watts, et al., 1999). Their results are consistent with many previous researches both *in vivo* and *in vitro* studies (Fihn et al., 1985; Foxman and Frerichs, 1985; Watts et al., 1999). After N-9 insertion into vagina without using diaphragm, *E. coli* colonization increase has been reported in several studies (Rosenstein et al., 1998; Watts, et al., 1999). These lead to increase rates of bacteriuria or urinary tract infection (Percival-Smith et al., 1983; Fihn et al., 1996). *C. albicans*, another organism that causes vaginal infection, can survive at high concentration of N-9 (McGroarty et al., 1994). *Candida* colonization in vagina has been found after using N-9 and also causes vaginal burning, vaginal itching, and vulvar

burning (Schreiber et al., 2006). Moreover, N-9 has been found to increase the adhesion of *Candida* species to human epithelial cell leading to increase in the risk of a serious fungal infection (Gandour, 2005). Additionally, many studies have determined that N-9 increases the risk of infection and also causes vaginal inflammation and ulceration which increase the risk of HIV-1 infection in females (Kreiss et al., 1992; Fichorova et al., 2001; Van Damme et al., 2002; Howett and Kuhl, 2005). Increased rates of vaginal ulceration have been found in the use of the vaginal contraceptive sponge, which has high concentration of N-9 (Kreiss et al., 1992; Watts et al., 1999). Vulvar itching, pain, burning and abnormal discharge have been found after using N-9 (d'Oro et al., 1994; McGroarty et al., 1994). It has been shown that N-9 kills the natural vaginal flora including *Lactobacillus* causing disturbance of the normal acidic vaginal pH and leading to vaginal infection and urinary tract infection (Hooton et al., 1991; Klebanoff, 1992; McGroarty et al., 1992; Stafford et al., 1998; Patton et al., 1999; Watts et al., 1999; Handley et al., 2002; Brzezinski et al., 2004; Gupta, 2005; Zhou et al., 2010; Ravel et al., 2011).

In this study, *C. albicans* and *E. coli* were treated with different concentrations of N-9 and various new surfactants at different periods of times. As mentioned above, N-9 was ineffective on *C. albicans* and *E. coli* growth inhibition. All surfactants except F5-PS showed the effective effects on *C. albicans* growth inhibition. N-9 and F5-PS revealed the low level of inhibition on *C. albicans*. In *E. coli*, all surfactants showed effects on growth inhibition except N-9. Based upon the results,

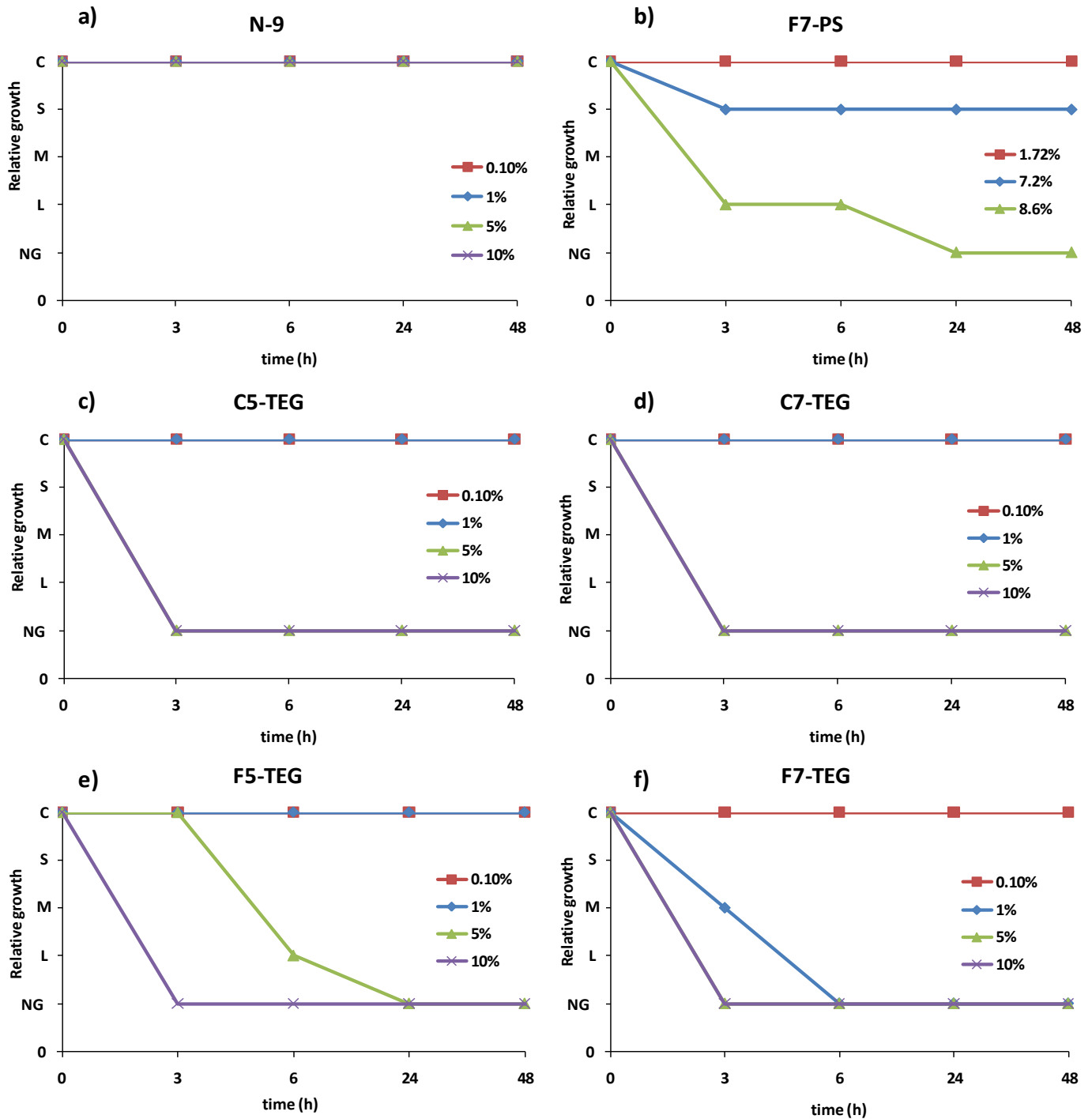


Figure 4. Growth of *E. coli* treatments with various concentrations of six surfactants in undiluted samples at different time points. a) N-9; b) F7-PS; c) C5-TEG; d) C7-TEG; e) F5-TEG; f) F7-TEG.

most of our novel surfactants have potential to inhibit growth of *E. coli* and *C. albicans*. 0.1% N-9 kills human sperm effectively (data not shown), but cannot inhibit growth of both microorganisms. There is a research showing that N-9 is toxic to HeLa cells and *Lactobacillus* (Gupta, 2005). The five novel surfactants can kill sperm,

but show only little effect on HeLa cells (Bean et al., 2011). From the experimental results, some novel surfactants, F5-TEG (12%) and F7-TEG (10%), killed sperm and controlled *E. coli* and *C. albicans* population, but revealed very small effect on HeLa cells (Bean et al., 2011). Therefore, they might be developed to be used as

contraceptive agents that have an ability to protect *E. coli* and *C. albicans* infections in vagina and urinary tract and also gentle to epithelium cells. Another surfactant, C5-TEG (12%) killed sperm and inhibited growth of *E. coli* and *C. albicans* effectively. From its ability, it might be used as spermicide and microbicide; however, it needs to be tested on HeLa cells. Based on effects on both microorganisms, F5-TEG, F7-TEG, C5-TEG, and C7-TEG were able to inhibit microbial growth better than N-9, F5-PS, and F7-PS.

The structure differences between anionic surfactants (F5-PS and F7-PS) and non-ionic surfactants (F5-TEG, F7-TEG, C5-TEG, and C7-TEG) may be the major point resulting in different effects on *C. albicans* and *E. coli* growth inhibition. Non-ionic surfactants gave the better results on growth inhibition for both microorganisms. The dissociation in water may relate to the inhibiting activity of the surfactants. It might involve the surface electrostatic potential of membranes in which the hydrophobic portion of these surfactants is inserted as a consequence of the hydrophobic effect (Vieira and Carmona-Ribeiro, 2006; Vieira et al., 2008). Non-ionic surfactants may insert into cell membranes without charge relationship on the membranes, but anionic surfactant insertion relates to charges on the membranes. However, the mechanism of both anionic and non-ionic surfactants on microorganisms is still not clearly understood.

Non-fluorous TEG provided the excellent inhibiting effects on *C. albicans*. On the other hand, fluoruous TEG showed the large effect (75% inhibition or higher) on *E. coli*. Based upon the results, surfactant toxicity is not depended on only the chemical structure of the surfactants but also on the nature of cell membranes, which are different in diverse species. The *C. albicans* membrane has differences in chemical composition and physical properties from the membrane of *E. coli* (Vieira et al., 2008). Moreover, F7-TEG gave better inhibition effects than F5-TEG for both microorganisms. These show that the amount of fluorine in surfactants is important for inhibiting growth activity. The effect of fluoruous surfactant on microbial growth is positively correlated with the number of fluorine in surfactant molecule. Nevertheless, in *E. coli*, the amount of hydrocarbon in non-fluorous TEG surfactants shows no difference in growth inhibition.

Conclusion

Our novel surfactants inhibit growth of *C. albicans* and *E. coli* including sperm killing. Based on experimental results, these surfactants might be used as antifungal and antibacterial agents. Moreover, they showed the potential to be developed as contraceptive agents, which might substitute the use of N-9. Therefore, non-ionic and anionic fluoruous surfactants may have practical values as fungistatic/bacteriostatic or fungicidal/bactericidal agents and might be useful as vaginal microbicides and

spermicides. However, the effects of these surfactants on normal flora need to be determined and their mechanisms on *C. albicans* and *E. coli* will be studied to better understand. In the future, these compounds might be useful for treating genital candidiasis and urinary tract infection in patients.

CONFLICT OF INTERESTS

The author(s) did not declare any conflict of interest.

ACKNOWLEDGMENTS

Our friend, colleague and mentor, Barry S. Bean, passed away on June 25, 2012 after contributing to this study. Barry Bean earned a doctoral degree in Life Sciences from Rockefeller University in 1970. He joined Lehigh University in 1973 and began a career studying male reproductive biology. We wish to recognize his dedication to science and to all of those he trained. We gratefully acknowledge the gift of *Candida albicans* from Ms. Cindy McKellin of St. Luke's Hospital (Bethlehem PA). We would like to thank Dr. Robert A. Flowers for providing surfactants (Department of Chemistry, Lehigh University, PA), Dr. Robert V. Skibbens and Dr. Marie Maradeo for providing advice and culture media (Department of Biological Sciences, Lehigh University, PA). This study was supported by an award from the Biosystems Dynamics Summer Institute within Lehigh's Howard Hughes Grant.

REFERENCES

- Bean B, Flowers RA, Venditti JJ, Singh R (2011). Spermicidal and microbicidal compositions. US 2011/0237676 A1. USA
- Brzezinski A, Stern T, Arbel R, Rahav G, Benita S (2004). Efficacy of a novel pH-buffering tampon in preserving the acidic vaginal pH during menstruation. *Int. J. Gynaecol. Obstet.* 85(3): 298-300.
- Doncel GF (2006). Exploiting common targets in human fertilization and HIV infection: development of novel contraceptive microbicides. *Hum. Reprod. Update* 12(2): 103-117.
- d'Oro LC, Parazzini F, Naldi L, La Vecchia C (1994). Barrier methods of contraception, spermicides, and sexually transmitted diseases: a review. *Genitourin Med.* 70(6): 410-417.
- Dupont PF (1995). *Candida albicans*, the opportunist. A cellular and molecular perspective. *J. Am. Podiatr. Med. Assoc.* 85(2): 104-115.
- Fichorova RN, Tucker LD, Anderson DJ (2001). The molecular basis of nonoxynol-9-induced vaginal inflammation and its possible relevance to human immunodeficiency virus type 1 transmission. *J. Infect. Dis.* 184(4): 418-428.
- Fihn SD, Boyko EJ, Normand EH, Chen CL, Grafton JR, Hunt M, Yarbro P, Scholes D, Stergachis A (1996). Association between use of spermicide-coated condoms and *Escherichia coli* urinary tract infection in young women. *Am. J. Epidemiol.* 144(5): 512-520.
- Fihn SD, Latham RH, Roberts P, Running K, Stamm WE (1985). Association between diaphragm use and urinary tract infection. *JAMA* 254(2): 240-245.
- Foxman B, Frerichs RR (1985). Epidemiology of urinary tract infection: I. Diaphragm use and sexual intercourse. *Am. J. Public Health* 75(11): 1308-1313.
- Gandour RD (2005). Toward a design of affordable, topical

- microbicides: acylcarnitine analogues. *Curr. Pharm. Des.* 11(29): 3757-3767.
- Gupta G (2005). Microbicidal spermicide or spermicidal microbicide? *Eur. J. Contracept. Reprod. Health Care* 10(4): 212-218.
- Handley MA, Reingold AL, Shiboski S, Padian NS (2002). Incidence of acute urinary tract infection in young women and use of male condoms with and without nonoxynol-9 spermicides. *Epidemiology* 13(4): 431-436.
- Hooton TM, Fennell CL, Clark AM, Stamm WE (1991). Nonoxynol-9: differential antibacterial activity and enhancement of bacterial adherence to vaginal epithelial cells. *J. Infect. Dis.* 164(6): 1216-1219.
- Howett MK, Kuhl JP (2005). Microbicides for prevention of transmission of sexually transmitted diseases. *Curr. Pharm. Des.* 11(29): 3731-3746.
- Klebanoff SJ (1992). Effects of the spermicidal agent nonoxynol-9 on vaginal microbial flora. *J. Infect. Dis.* 165(1): 19-25.
- Kreiss J, Ngugi E, Holmes K, Ndinya-Achola J, Waiyaki P, Roberts PL, Ruminjo I, Sajabi R, Kimata J, Fleming TR (1992). Efficacy of nonoxynol 9 contraceptive sponge use in preventing heterosexual acquisition of HIV in Nairobi prostitutes. *JAMA* 268(4): 477-482.
- McGroarty JA, Reid G, Bruce AW (1994). The influence of nonoxynol-9-containing spermicides on urogenital infection. *J. Urol.* 152(3): 831-833.
- McGroarty JA, Tomczek L, Pond DG, Reid G, Bruce AW (1992). Hydrogen peroxide production by *Lactobacillus* species: correlation with susceptibility to the spermicidal compound nonoxynol-9. *J. Infect. Dis.* 165(6): 1142-1144.
- Patton DL, Kidder GG, Sweeney YC, Rabe LK, Hillier SL (1999). Effects of multiple applications of benzalkonium chloride and nonoxynol 9 on the vaginal epithelium in the pigtailed macaque (*Macaca nemestrina*). *Am. J. Obstet. Gynecol.* 180(5):1080-1087.
- Percival-Smith R, Bartlett KH, Chow AW (1983). Vaginal colonization of *Escherichia coli* and its relation to contraceptive methods. *Contraception* 27(5): 497-504.
- Ravel J, Gajer P, Abdo Z, Schneider GM, Koenig SS, McCulle SL, Karlebach S, Gorle R, Russell J, Tacket CO, Brotman RM, Davis CC, Ault K, Peralta L, Forney LJ (2011). Vaginal microbiome of reproductive-age women. *Proc. Natl. Acad. Sci. USA.* 108 (Suppl. 1):4680-4687.
- Raymond EG, Chen PL, Luoto J (2004). Contraceptive effectiveness and safety of five nonoxynol-9 spermicides: a randomized trial. *Obstet. Gynecol.* 103(3):430-439.
- Rosenstein IJ, Stafford MK, Kitchen VS, Ward H, Weber JN, Taylor-Robinson D (1998). Effect on normal vaginal flora of three intravaginal microbicide agents potentially active against human immunodeficiency virus type 1. *J. Infect. Dis.* 177(5): 1386-1390.
- Savle PS, Doncel GF, Bryant SD, Hubieki MP, Robinette RG, Gandour RD (1999). Acylcarnitine analogues as topical, microbicide spermicides. *Bioorg. Med. Chem. Lett.* 9(17): 2545-2548.
- Schill WB, Wolff HH (1981). Ultrastructure of human spermatozoa in the presence of the spermicide nonoxynol-9 and a vaginal contraceptive containing nonoxynol-9. *Andrologia* 13(1): 42-49.
- Schreiber CA, Meyn LA, Creinin MD, Barnhart KT, Hillier SL (2006). Effects of long-term use of nonoxynol-9 on vaginal flora. *Obstet. Gynecol.* 107(1): 136-143.
- Stafford MK, Ward H, Flanagan A, Rosenstein IJ, Taylor-Robinson D, Smith JR, Weber J, Kitchen VS (1998). Safety study of nonoxynol-9 as a vaginal microbicide: evidence of adverse effects. *J. Acquir. Immune Defic. Syndr. Hum. Retrovirol.* 17(4): 327-331.
- Van Damme L, Ramjee G, Alary M, Vuylsteke B, Chandeying V, Rees H, Sirivongrangsorn P, Mukenge-Tshibaka L, Ettiegne-Traore V, Uaheowitchai C, Karim SS, Masse B, Perriens J, Laga M (2002). Effectiveness of COL-1492, a nonoxynol-9 vaginal gel, on HIV-1 transmission in female sex workers: a randomised controlled trial. *Lancet* 360(9338): 971-977.
- Vieira DB, Carmona-Ribeiro AM (2006). Cationic lipids and surfactants as antifungal agents: mode of action. *J. Antimicrob. Chemother.* 58(4): 760-767.
- Vieira OV, Hartmann DO, Cardoso CM, Oberdoerfer D, Baptista M, Santos MA, Almeida L, Ramalho-Santos J, Vaz WL (2008). Surfactants as microbicides and contraceptive agents: a systematic in vitro study. *PLoS ONE* 3(8): e2913.
- Watts DH, Rabe L, Krohn MA, Aura J, Hillier SL (1999). The effects of three nonoxynol-9 preparations on vaginal flora and epithelium. *J. Infect. Dis.* 180(2):426-437.
- Wilborn WH, Hahn DW, McGuire JJ (1983). Scanning electron microscopy of human spermatozoa after incubation with the spermicide nonoxynol-9. *Fertil. Steril.* 39(5):717-719.
- Zhou X, Hansmann MA, Davis CC, Suzuki H, Brown CJ, Schutte U, Pierson JD, Forney LJ (2010). The vaginal bacterial communities of Japanese women resemble those of women in other racial groups. *FEMS Immunol. Med. Microbiol.* 58(2):169-181.