



# Study on the Toxic Effects of Deltamethrin on Hematological Parameters of a Fresh Water Fish, Common Carp (*Cyprinus carpio* L.)

Rajinder Kumar <sup>a++\*</sup> and Sushma Sharma <sup>a#</sup>

<sup>a</sup> Department of Biosciences, Himachal Pradesh University, Shimla, Himachal Pradesh, India.

## Authors' contributions

This work was carried out in collaboration between both authors. Both authors read and approved the final manuscript.

## Article Information

DOI: <https://doi.org/10.56557/upjoz/2024/v45i154249>

## Open Peer Review History:

This journal follows the Advanced Open Peer Review policy. Identity of the Reviewers, Editor(s) and additional Reviewers, peer review comments, different versions of the manuscript, comments of the editors, etc are available here: <https://prh.mbimph.com/review-history/3800>

Original Research Article

Received: 08/05/2024

Accepted: 11/07/2024

Published: 13/07/2024

## ABSTRACT

Fish health is adversely affected by pesticide contamination, which is a significant cause of pollution in freshwater ecosystems. One helpful technique for assessing the general health of different fish species is the analysis of blood parameters. Present study investigated the detrimental effects of deltamethrin on different hematological parameters of a fresh water fish, common carp (*Cyprinus carpio*). An experiment with a 28-day exposure to 1/20<sup>th</sup> and 1/10<sup>th</sup> of the 96-hour LC<sub>50</sub> value (0.114µl/L) was conducted in order to investigate the effects of sub-lethal concentrations. On the 7<sup>th</sup>, 14<sup>th</sup>, 21<sup>st</sup>, and 28<sup>th</sup> day of exposure, several hematological parameters like Total Erythrocyte Count (TEC), Total Leukocyte Count (TLC), Hemoglobin (Hb), Hematocrit/Packed Cell Volume (Hct/PCV),

<sup>++</sup> Research Scholar;

<sup>#</sup> Professor;

<sup>\*</sup>Corresponding author: Email: [rajinder.rk02@gmail.com](mailto:rajinder.rk02@gmail.com);

Mean Corpuscular Volume (MCV), Mean Corpuscular Hemoglobin (MCH) and Mean Corpuscular Hemoglobin Concentration (MCHC) were analyzed in comparison to control. After the exposure of different concentrations of deltamethrin significant decline ( $P^* < 0.05$  and  $P^{**} < 0.01$ ) in Hb, TEC, PCV and MCHC was noted as compared to control. On the contrary TLC, MCV and MCH showed increasing trend after the treatment of pesticide. This study showed that deltamethrin considerably altered the hematological markers of fish, even at sub-lethal concentrations.

**Keywords:** Fish; common carp; hematology; pyrethroid; deltamethrin.

## 1. INTRODUCTION

Freshwater habitats are facing an increasing number of environmental problems as a result of growing industry, urbanization, and agricultural activities. Chemicals such as, pesticides, halogenated polycyclic hydrocarbons, food additives, and agrochemicals were introduced as a result of industrialization and technical growth [1]. The effects of these compounds on the environment are now a global issue. Toxicologists see pesticides as a necessary evil, and like many discoveries or technological advances, people have been quick to take benefit of them but incredibly slow to recognize and deal with their effects [2]. These frequently long-lasting effects may have adverse consequences for humans and the environment. Each type of pesticide has varying levels of toxicity to fish due to differences in chemical characteristics; insecticides are usually the most harmful [3]. Contamination of freshwater ecosystems poses one of the biggest risks to aquatic life since water sources are the intended endpoint of a complex interaction between xenobiotics and agrochemicals [4].

Pyrethroid insecticides are widely utilized pesticides which are used to treat ectoparasitic infestation in farm animals and to control various agricultural insect pests. Due to its limited soil persistence and minimal toxicity to animals and birds, pyrethroid insecticides are becoming more and more widely used in agriculture. But the improper disposal and seepage of these chemicals from agricultural runoff contaminates aquatic environments, exposing fish and other aquatic species to dangerous conditions. Deltamethrin (DM) is one of the most commonly used synthetic pyrethroids world wide [5]. It is one of the fourth generation synthetic pyrethroids and among the most effective pyrethroid preparation [6]. Like other pesticides, DM has the potential to contaminate aquatic life when it gets into water systems. The fish's vulnerability to aqueous pyrethroid exposures may be explained by the lipophilic nature of pyrethroids, which results in a high rate of gill absorption. According

to Haya [7], the enzyme system responsible for hydrolyzing pyrethroids appears to be absent in fish. It seriously damages aquatic life and even jeopardizes human safety at every stage of the food chain.

According to Dawood *et al.* [8], fish are susceptible to insecticides through various means, including skin absorption, gill uptake during respiration, and most importantly consuming polluted water or food. Because fish are extremely sensitive to changes in their habitat, they can help assess the risks related to new chemical contamination in aquatic ecosystems [9,10]. When fish are exposed to xenobiotics, their hematological changes might vary depending on the toxic agent, its concentration, the length of time the fish are exposed, the surrounding environment, and intrinsic characteristics like the type, age, and size of the fish [11]. Fish may react differently hematologically to toxic exposures according to the species and life stage and how sensitive they are to environmental influences. Various authors have studied hematological markers of different fish species as potential indicators of pesticide toxicity [12,13]. One of the most widely cultivated freshwater fish species worldwide is the common carp (*Cyprinus carpio*). Because of its relative resistance to water pollution, including pesticides, which is essential for the identification of biological indicators in lab and field investigations, it is regarded as an excellent model organism for eco-toxicological research [14].

Because blood is essential for maintaining fish equilibrium and other key functions, using hematological approaches to evaluate the detrimental consequences of chemicals in aquatic species have acquired significance in recent years. Blood indices are quick-acting, susceptible indicators of various environmental effects, such as hazardous agent contamination of water. Blood parameters are indicators of a broad spectrum of physiological changes, both beneficial and harmful. As trustworthy biomarkers of an organism's health, they offer a

wealth of knowledge on several physiological processes. The significance of hematological investigations in fish rests in the potential for the blood to identify abnormalities within the fish's body long before any illness signs or the impact of unfavorable environmental conditions emerge externally [15]. Since most fish species lack well-defined reference hematological values, assessing the hematotoxicity of a particular chemical or contaminated environment necessitates comparing the results with those obtained simultaneously in similar fish species residing under controlled conditions. Blood collection is a simple and comparatively non-invasive procedure. According to Adewumi *et al.* [16] any physiological variations would be apparent in the values of one or more hematological markers of aquatic animals when the water quality is affected by pollution.

Hematocrit (Ht), hemoglobin concentration (Hb), erythrocyte count (RBC), mean corpuscular volume (MCV), mean corpuscular hemoglobin (MCH), and mean corpuscular hemoglobin concentration (MCHC) are some of the characteristics related to red blood cells. The percentage or quantity of each of the following leukocyte types is determined using total leukocyte count (WBC or TLC) and, occasionally, differential leukocyte count (DLC) [17]. According to Ahmed *et al.* [18], variations in surrounding environment and the fish's dynamic internal environment are the factors that cause the hematological parameters in fish to fluctuate. Toxic chemicals frequently impact leukocyte count, and like red blood parameters, a rise or reduction may be seen. MCV of a given blood sample gives information on the average size of the red blood cells. The average weight of hemoglobin in each red blood cell (RBC) within a specific blood volume is represented by the MCH. The concentration of hemoglobin and the size of the cell both affect MCH. The average hemoglobin content in each red blood cell within a specific blood volume is represented by the MCHC. The primary goal of current study is to assess the detrimental effects of synthetic pyrethroid deltamethrin on the hematological markers of common carp (*C. carpio*), a freshwater fish.

## 2. MATERIALS AND METHODS

### 2.1 Test Chemical

Deltamethrin (11%EC formulation) is a broad spectrum contact insecticide which is used against various pests like bollworms, sucking

insects, caterpillars, leaf rollers, fruit borers and thrips. It was purchased from the local market Shimla, Himachal Pradesh. The total quantity of DM that needed to be added was calculated after determining the capacity of each tank.

### 2.2 Experimental Fish

Healthy specimens of common carp (*C. carpio*) with an average body weight ( $55.71 \pm 5.32$  g) and average length ( $11.45 \pm 1.15$  cm) were obtained from Deoli Fish Farm Ghagas, Bilaspur, Himachal Pradesh. Fish were transported to Animal house facility of Department of Biosciences, Himachal Pradesh University, Summerhill, Shimla. For 15 days, the fish were acclimatized to the lab environment. During the acclimatization period, they were given commercial pellets at a rate of 3% body weight twice a day.

### 2.3 Experimental Setup

During the experiment, the water parameters (pH =  $7.23 \pm 0.51$ , dissolved oxygen =  $7.86 \pm 0.26$  mg/L, water temperature =  $25 \pm 2$  °C, photoperiod =  $10 \pm 2:14 \pm 2$ , light: dark) were all within the suggested limits. The necessary concentrations (10% and 5% of the 96-hour LC<sub>50</sub>) of DM (11%EC) for the current study were produced on the basis of 96hrs LC<sub>50</sub> value (96hrs LC<sub>50</sub> value observed was  $0.114 \mu\text{l/L}$ ). Fish were fed 3% of their body weight every day. Fish were exposed to two concentrations of DM for duration of 28 days to study the detrimental effects of this pyrethroid on hematology of common carp. Concentrations that were selected for the present study were  $0.005 \mu\text{l/L/T1}$  ( $1/20^{\text{th}}$  of 96hrs LC<sub>50</sub> value) and  $0.011 \mu\text{l/L/T2}$  ( $1/10^{\text{th}}$  of 96hrs LC<sub>50</sub> value). Following exposure to DM for 7, 14, 21 and 28 days, blood samples were taken from the caudal veins of five fish per group, averaging 0.5–0.8 milliliters per fish. Blood was collected in tubes containing 0.5M EDTA as anticoagulant for a complete cell count picture.

### 2.4 Estimation of Hematological Parameters

#### 2.4.1 Estimation of Total Erythrocyte Count (TEC) and Total Leukocyte Count (TLC)

Red blood cells (RBCs) and white blood cells (WBCs) were counted using Neubauer's improved hemocytometer, with Hayem's and Turk's solutions being used as dilution fluids, respectively. RBC count was expressed as

$10^6/\text{mm}^3$  and WBC count was expressed as  $10^3/\text{mm}^3$ .

#### 2.4.2 Estimation of Hemoglobin (Hb)

Hb concentration in the blood was estimated by cyanmethaemoglobin method by Blaxhall and Daisley [19]. By adding Potassium Ferricyanide (KCN), Hb is changed into cyanmethaemoglobin. The color change was measured in a spectrophotometer at 540 nm against reagent blank.

#### 2.4.3 Estimation of Hematocrit (Hct) value

Hematocrit value was estimated according to microhematocrit method by Blaxhall and Daisley [19]. Using a Pasteur pipette, the blood was poured into the hematocrit tube until it reached mark 100. The tube was then centrifuged for 30 minutes at 3000 rpm. Packed cell volume (PCV), expressed as a percentage of the total blood column drawn in the hematocrit tube was determined by measuring the height of the RBCs packed at the bottom of the tube.

#### 2.4.4 Determination of Mean Corpuscular Volume (MCV)

The following formula was used to determine MCV, which was then represented in femtoliters (fL).

$$\text{MCV} = \text{Hematocrit (\%)} \times 10 / \text{RBC count}$$

#### 2.4.5 Determination of Mean Corpuscular Hemoglobin (MCH)

The following formula was used to determine MCH, which was then represented in picograms (pg).

$$\text{MCH} = \text{Hemoglobin (g/dL)} \times 10 / \text{RBC count}$$

#### 2.4.6 Determination of Mean Corpuscular Hemoglobin Concentration (MCHC)

The following formula was used to calculate MCHC, which was then represented as a gram percent (g%).

$$\text{MCHC} = \frac{\text{Hemoglobin (g/dL)}}{100 / \text{Hematocrit (\%)}} \times$$

### 2.5 Statistical Analysis

Data was presented as mean  $\pm$  SEM. Comparison amongst groups was performed

using one way analysis of variance (ANOVA) test followed by post-hoc Tukey HSD test to assess the significance of difference between different groups. Statistical significance was set at  $p^* < 0.05$  and  $p^{**} < 0.01$ ,  $n=3$ .

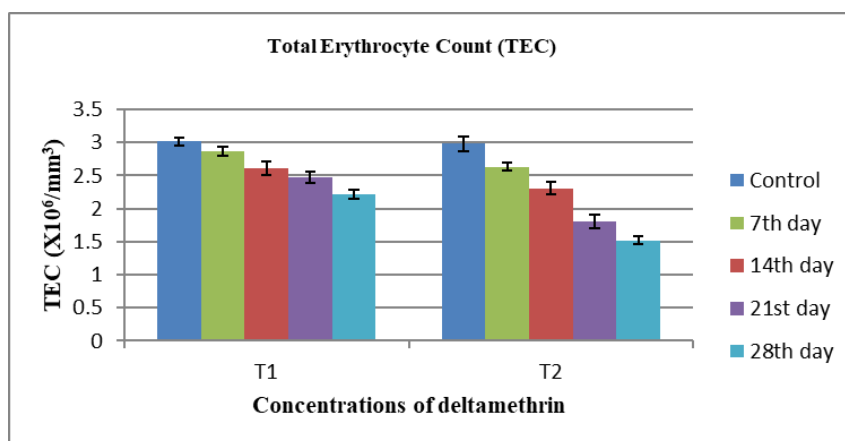
## 3. RESULTS AND DISCUSSION

The current study showed several alterations in the hematological indices (TEC, TLC, Hb, Hct/PCV, MCV, MCH, and MCHC) of common carp (*C. carpio*) following exposure to varying concentrations of DM. (Table 1). From the data, it was observed that TEC, Hb, Hct/PCV and MCHC declined noticeably in treated fish in contrast to fish in control conditions. This significant decline in Hct, TEC and Hb signify the presence of erythropenia-related anemia. The anemia might result from a decrease in hemosynthesis and erythropoiesis as well as a rise in the rate at which erythrocytes are destroyed in hemopoietic organs. Fish subjected to different concentrations of deltamethrin had lower RBC counts in comparison to control fish, potentially as a result of hematopoietic system failure. The increased rate of erythrocyte breakdown in hematopoietic organs and suppression of erythropoiesis resulted in a decrease in red blood cell count [20]. Reduced red blood cells (RBCs) can also result from the development of hypoxic conditions during exposure, which might eventually cause RBC destruction, or from the deprivation of Hb content in the cellular content [21]. Significant decrease in Hb levels might result from harmful effects of this pesticide on this molecule's production. By altering the normal processing of the enzymes associated with the production of Hb, these toxins may prevent the usual pathway from occurring. Reduced cell size following intoxication may be the cause of the drop in PCV. So we can say that the fish was anemic, based on the decline in packed cell volume (PCV) or Hct (%) observed in current study. Following exposure to deltamethrin, anemic condition may be brought on by gill injury or/and by poor osmoregulation [22].

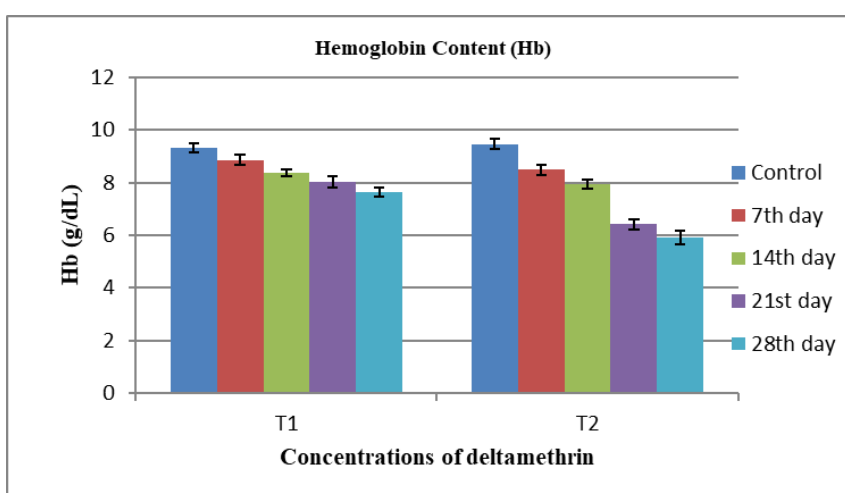
Significant increase in MCV, MCH and total amount of WBC was noticed in exposed fish after the treatment of deltamethrin in comparison to control. Given that MCH and MCHC originate from Hb and RBC, changes in these parameters would also affect MCH and MCHC. Fish raise their levels of MCV and MCH (as seen in current investigation) to combat the hypoxic conditions in the highly toxic medium [23]. Enhanced WBC count throughout the deltamethrin exposure

**Table 1. Changes in various hematological parameters of common carp after the treatment of different concentrations (T1 and T2) of deltamethrin for a period of 28 days (mean±SEM, p\* $<$ 0.05 and p\*\* $<$ 0.01)**

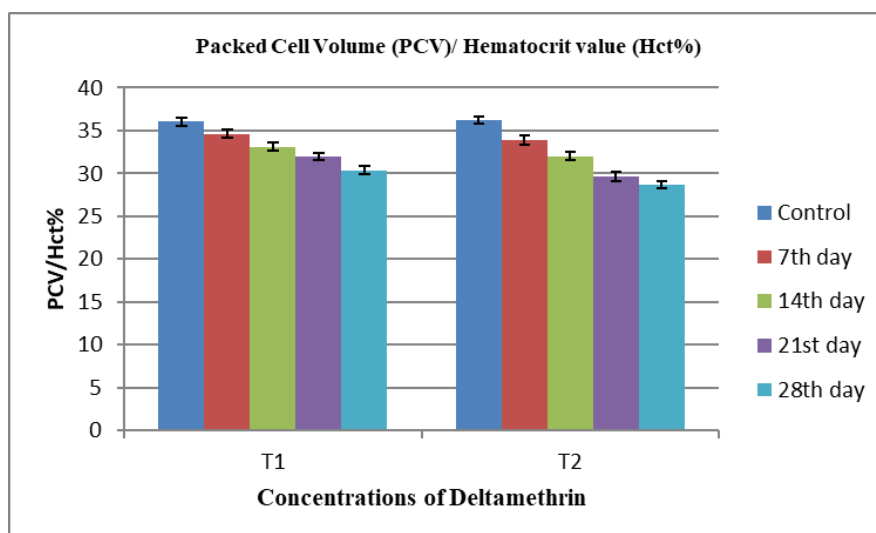
Hematological Parameters	Treated Groups	Exposure period				
		Control	7 <sup>th</sup> day	14 <sup>th</sup> day	21 <sup>st</sup> day	28 <sup>th</sup> day
TEC (X 10 <sup>6</sup> /mm <sup>3</sup> )	T1	3.02±0.06	2.86±0.07	2.61±0.11	2.47±0.09	2.21±0.07**
	T2	2.98±0.11	2.63±0.06*	2.31±0.09*	1.81±0.10*	1.52±0.06**
Hb (g/dL)	T1	9.32±0.17	8.86±0.19	8.37±0.14*	8.02±0.21**	7.63±0.18**
	T2	9.46±0.20	8.48±0.19	7.93±0.18*	6.42±0.20*	5.91±0.26**
Hct (%)	T1	36.03±0.51	34.64±0.36	33.11±0.46**	31.92±0.40**	30.39±0.34**
	T2	36.21±0.46	33.92±0.52*	31.97±0.48**	29.63±0.34**	28.72±0.43**
TLC (X 10 <sup>3</sup> /mm <sup>3</sup> )	T1	13.68±0.23	14.29±0.16	14.83±0.19*	15.21±0.17**	15.86±0.25**
	T2	13.64±0.19	14.88±0.21**	15.62±0.21**	16.83±0.17**	17.42±0.19**
MCH (pg)	T1	30.45±0.14	31.02±0.17	31.86±0.19**	32.35±0.12**	34.32±0.18**
	T2	30.74±0.12	32.34±0.17**	34.42±0.18**	35.74±0.13**	38.98±0.11**
MCV (fL)	T1	119.61±0.93	122.21±0.97	127.91±1.13**	130.33±0.89**	136.98±0.86**
	T2	120.41±0.86	129.87±1.15*	139.49±1.03**	164.80±0.97**	189.89±0.95**
MCHC (g%)	T1	25.86±0.12	25.37±0.11	25.06±0.11*	24.88±0.14**	24.19±0.16**
	T2	25.97±0.11	25.09±0.14**	24.18±0.09**	22.46±0.11**	20.97±0.10**



**Fig. 1. Changes in the total amount of RBC (cells x 10<sup>6</sup>/mm<sup>3</sup>) of common carp treated with different concentrations of DM for a period of 28 days. Values are represented as mean±SEM**



**Fig. 2. Changes in the Hemoglobin (g/dL) of common carp treated with different concentrations of DM for a period of 28 days. Values are represented as mean±SEM**



**Fig. 3. Changes in the Hematocrit (%)/Packed Cell Volume of common carp treated with different concentrations of DM for a period of 28 days. Values are represented as mean±SEM**

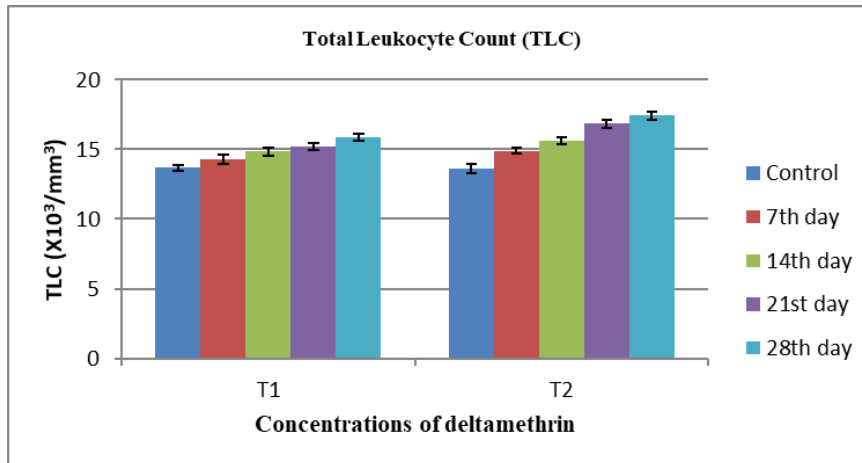


Fig. 4. Changes in the total amount of WBC (cells x 10<sup>3</sup>/mm<sup>3</sup>) of common carp treated with different concentrations of DM for a period of 28 days. Values are represented as mean±SEM

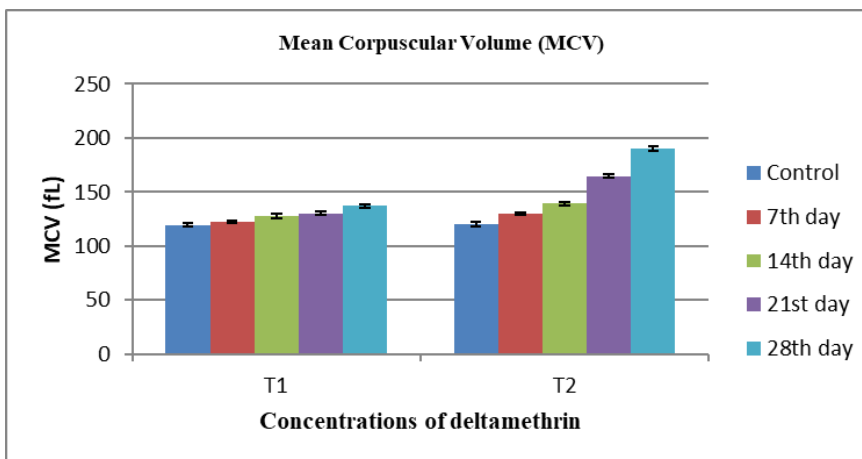


Fig. 5. Changes in the MCV (fL) of common carp treated with different concentrations of DM for a period of 28 days. Values are represented as mean±SEM

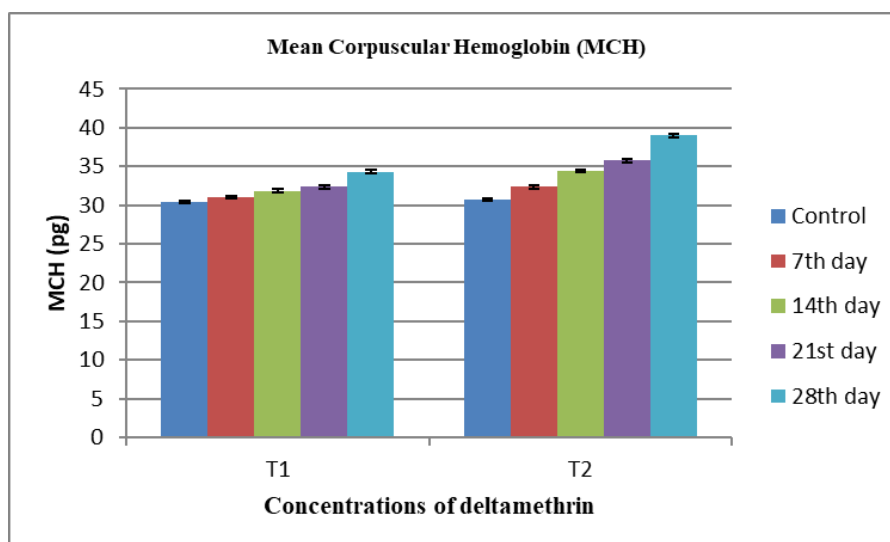
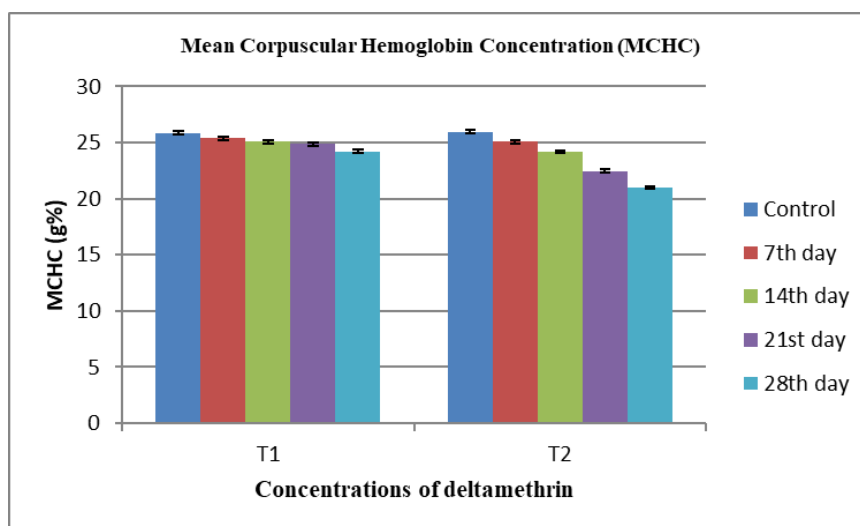


Fig. 6. Changes in the MCH (pg) of common carp treated with different concentrations of DM for a period of 28 days. Values are represented as mean±SEM



**Fig. 7. Changes in the MCHC (g%) of common carp treated with different concentrations of DM for a period of 28 days. Values are represented as mean±SEM**

period suggests that fish can acquire a defense mechanism to withstand the stress originated by any kind of toxicant. Fish immune defense is stimulated by leukocytosis when foreign chemicals are present [24]. Fish exposed to pesticides benefit from enhanced antibody production, which is correlated with higher WBC numbers [20]. The changes observed in present study were both time and dose dependent. Maximum change was observed on 28<sup>th</sup> day of exposure to 0.011µl/L (higher) concentration of deltamethrin.

Various researchers have investigated the detrimental outcomes of DM on hematological parameters of various fish species which are consistent with the results of present research. According to Jayaprakash and Shettu [25], the hematological markers of *Channa punctatus* (fresh water fish) showed significant alterations after the exposure of sub lethal concentrations of DM for a period of 45 days. After 45 days of exposure, TEC, Hb, PCV, MCH and MCHC values were dramatically lowered, while MCV values were significantly raised, in comparison with control. They observed that *C. punctatus* exposed to DM developed anemia, as evidenced by the anemia-causing substantial drop in Hb, TEC, and PCV levels. Similar reduction in TEC, PCV and Hb levels was observed in current findings indicating that anemic condition was developed in fish after the treatment of pesticide.

David et al. [26] investigated the effects of lethal and sub lethal concentrations of DM on selected hematological markers of *Cirrhinus mrigala*. After

the exposure of DM they found that the TEC, Hb, and Hct values showed declining trend for both the concentrations of DM. Initial increase in WBC count followed by decrease in later days of exposure was observed. Non-significant changes in MCHC values were seen. MCV and MCH values of the fish that were subjected to the experiment exhibited a significant rise. The findings of this research are comparable to those found in the current research.

Srinivasa Rao et al. [27] conducted research to study the hematological alterations in fish, *Ctenopharyngodon idella*, after the exposure to DM 11% EC (Decis) and DM technical grade. When the fish was exposed different concentrations of both toxicants, reduction in RBC, Hct/PCV and Hb values was observed; in contrast WBC count and MCHC was increased. Increase in MCV and MCH values was seen at lethal dose of technical grade DM and similar trend was observed in case of both technical grade and 11 %EC DM (sub-lethal concentrations). On the contrary these values were decreased at lethal dose of 11% EC DM. Different changes observed in current findings are comparable to these results.

Various other researchers have found the similar results after the use of different pyrethroids on different fish species. Ghosh et al. [28] observed significant changes in hematological indices of *C. punctatus* after the exposure of another pyrethroid, cypermethrin (CYP) for a short period of time. According to them after the treatment of CYP for 14 days period, significant decrease in



TEC, Hb, PCV, MCH and MCV levels where as remarkable increase in TLC, and MCHC was noticed. In order to investigate the changes induced by CYP in hematological parameters of common carp, juvenile fish were exposed to various doses of CYP [29]. Decreasing trend was seen in total number of RBC, Hb and PCV at both concentrations (lethal and sub lethal). Total number of WBC and MCHC showed a tendency of increase at sub lethal concentrations and decrease at lethal dosages. Enhanced levels of MCV and MCH were seen at both the concentrations.

Some other researchers have also found similar results after the treatment of different fish species with different pesticides; *C. carpio* treated with monocrotophos [30], *C. mrigala* treated with Chlorfenapyr, Dimethoate and Acetamiprid [31] and *Barbonymus gonionotus* treated with sumithion [32].

#### 4. CONCLUSION

In present investigation fish treated with sub-lethal doses of deltamethrin exhibited notable changes in the levels of several blood parameters of common carp. This highlights the necessity of stringent oversight and control over the use of these pesticides to protect the ecosystem and fish welfare. Humans must also use pesticides responsibly to protect aquatic life and the ecosystem. We can also conclude that in environmental bio-monitoring, the parameters examined in the current research can be employed successfully as prospective biomarkers of pesticide toxicity to different aquatic creatures including fish.

#### DISCLAIMER (ARTIFICIAL INTELLIGENCE)

Author(s) hereby declare that NO generative AI technologies such as Large Language Models (ChatGPT, COPILOT, etc) and text-to-image generators have been used during writing or editing of manuscripts.

#### ETHICAL APPROVAL

The experiment was conducted as per the guidelines of the institutional animal ethics committee.

#### ACKNOWLEDGEMENT

Authors are grateful to the Department of Biosciences, Himachal Pradesh University,

Shimla for providing lab facilities to finish this research. Rajinder Kumar, one of the authors, expresses gratitude to the Indian Council of Medical Research (ICMR) for its financial support. Authors are also thankful to Department of Fisheries, H.P.

#### COMPETING INTERESTS

Authors have declared that no competing interests exist.

#### REFERENCES

1. Ibeto CN, Okoye CO. High levels of heavy metals in blood of urban population in Nigeria. *Research Journal of Environmental Sciences*. 2010;4(4): 371-82. DOI: 10.3923/rjes.2010.371.382
2. Amaeze NH, Komolafe BO, Salako AF, Akagha KK, Briggs TM, Olatinwo OO, Femi MA. Comparative assessment of the acute toxicity, haematological and genotoxic effects of ten commonly used pesticides on the African Catfish, *Clarias gariepinus* Burchell 1822. *Heliyon*. 2020; 6(8):e04768. Available: <https://doi.org/10.1016/j.heliyon.2020.e04768>
3. Sabra FS, Mehana ES. Pesticides toxicity in fish with particular reference to insecticides. *Asian Journal of Agriculture and Food Sciences*. 2015;3(1):40-60.
4. Curpan AS, Impellitteri F, Plavan G, Ciobica A, Faggio C. *Mytilus galloprovincialis*: An essential, low-cost model organism for the impact of xenobiotics on oxidative stress and public health. *Comparative Biochemistry and Physiology Part C: Toxicology & Pharmacology*. 2022;256:109302. Available: <https://doi.org/10.1016/j.cbpc.2022.109302>
5. Zhou S, Dong J, Liu Y, Yang Q, Xu N, Yang Y, Ai X. Effects of acute deltamethrin exposure on kidney transcriptome and intestinal microbiota in goldfish (*Carassius auratus*). *Ecotoxicology and Environmental Safety*. 2021;225:112716. Available: <https://doi.org/10.1016/j.ecoenv.2021.112716>
6. Bradbury SP, Coats JR. Toxicokinetics and toxicodynamics of pyrethroid insecticides in fish. *Environmental Toxicology and Chemistry: An International Journal*. 1989;8(5):373-380.

- DOI: 10.1002/etc.5620080503
7. Haya K. Toxicity of pyrethroid insecticides to fish. *Environmental Toxicology and Chemistry: An International Journal*. 1989;8(5):381-391. Available: <https://doi.org/10.1002/etc.5620080503>
  8. Dawood MA, AbdEl-Kader MF, Moustafa EM, Gewaily MS, Abdo SE. Growth performance and hemato-immunological responses of Nile tilapia (*Oreochromis niloticus*) exposed to deltamethrin and fed immunobiotics. *Environmental Science and Pollution Research*. 2020;27(11):11608-11617. Available: <https://doi.org/10.1007/s11356-020-07775-8>
  9. El-Houseiny W, Abd El-Hakim YM, Metwally MM, Ghfar SS, Khalil AA. The single or combined Silybum marianum and co-enzyme Q10 role in alleviating fluoride-induced impaired growth, immune suppression, oxidative stress, histological alterations, and reduced resistance to *Aeromonas sobria* in African catfish (*Clarias gariepinus*). *Aquaculture*. 2022; 548:737693. Available: <https://doi.org/10.1016/j.aquaculture.2021.737693>
  10. Khalil AA, Abd-Elhakim YM, Said EN, Moselhy AA, Abu-Elsaoud AM, El-Houseiny W. Milk thistle and co-enzyme Q10 fortified diets lessen the nickel chloride-induced neurotoxic and neurobehavioral impairments in *Oreochromis niloticus* via regulating the oxidative stress response, acetylcholinesterase activity, and brain nickel content. *Aquaculture*. 2022; 553:738102. DOI:10.1016/j.aquaculture.2022.738102
  11. Witeska M, Kondera E, Ługowska K, Bojarski B. Hematological methods in fish—Not only for beginners. *Aquaculture*. 2022;547:737498. Available: <https://doi.org/10.1016/j.aquaculture.2021.737498>
  12. Korkmaz N, Uğur O, Örün İ. Toxic effects of the synthetic pyrethroid permethrin on the hematological parameters and antioxidant enzyme systems of the freshwater fish *Cyprinus carpio* L. *Ecotoxicology*. 2023;32(5):646-55. Available: <https://doi.org/10.1007/s10646-023-02675-2>
  13. George AD, Akinrotimi OA, Nwokoma UK. Haematological changes in African catfish (*Clarias gariepinus*) exposed to mixture of atrazine and metolachlor in the laboratory. *Journal of Fisheries Sciences*. com. 2017;11(3):48.
  14. Georgieva E, Yancheva V, Stoyanova S, Velcheva I, Iliev I, Vasileva T, Bivolarski V, Petkova E, László B, Nyeste K, Antal L. Which is more toxic? Evaluation of the short-term toxic effects of chlorpyrifos and cypermethrin on selected biomarkers in common carp (*Cyprinus carpio*, Linnaeus 1758). *Toxics*. 2021;9(125):1-31. DOI: 10.3390/toxics9060125
  15. Sampath K, Velamman S, Kennedy IJ, James R. Haematological changes and their recovery in *Oreochromis mossambicus* as a function of exposure period and sublethal levels of Ekalux. *Acta Hydrobiologica*. 1993;1(35):73-83.
  16. Adewumi B, Ogunwole GA, Akingunsola E, Falope OC, Eniade A. Effects of sub-lethal toxicity of chlorpyrifos and DDforce pesticides on haematological parameters of *Clarias gariepinus*. *International Research Journal of Public and Environmental Health*. 2018;5(5): 62-71. Available: <https://doi.org/10.15739/irjpeh.18.010>
  17. Barathinivas A, Ramya S, Neethirajan K, Jayakumararaj R, Pothiraj C, Balaji P, Faggio C. Ecotoxicological effects of pesticides on hematological parameters and oxidative enzymes in freshwater Catfish, *Mystuskeletius*. *Sustainability*. 2022;14(15):9529. Available: <https://doi.org/10.3390/su14159529>
  18. Ahmed I, Reshi QM, Fazio F. The influence of the endogenous and exogenous factors on hematological parameters in different fish species: A review. *Aquaculture international*. 2020; 28:869-99. Available: <https://doi.org/10.1007/s10499-019-00501-3>
  19. Blaxhall PC, Daisley KW. Routine haematological methods for use with fish blood. *Journal of fish biology*. 1973; 5(6):771-781. Available: <http://dx.doi.org/10.1111/j.1095-8649.1973.tb04510.x>
  20. Joshi P, Harish D, Bose M. Effect of lindane and malathion exposure to certain blood parameters in a fresh water teleost fish *Clarias batrachus*. *Pollution Research*. 2002;21(1):55-57.

21. Chen X, Yin D, Hu S, Hou Y. Immunotoxicity of pentachlorophenol on macrophage immunity and IgM secretion of the crucian carp (*Carassius auratus*). Bulletin of Environmental Contamination & Toxicology. 2004;73(1):153-60. Available: <https://doi.org/10.1007/s00128-004-0407-z>
22. Neelima P, Govinda Rao K, Krishna Ch SM, Chandra Sekhara Rao J. Haematotoxicity of Cypermethrin (25% EC) to white carp (*Cirrhinus mrigala*). International J. of Life Sciences. 2016; 4(2):207-13.
23. Rauf A, Arain N. Acute toxicity of diazinon and its effects on hematological parameters in the Indian carp, *Cirrhinus mrigala* (Hamilton). Turkish Journal of Veterinary & Animal Sciences. 2013;37(5): 535-40. DOI: 10.3906/vet-1212-39
24. John PJ. Alteration of certain blood parameters of freshwater teleost *Mystus vittatus* after chronic exposure to Metasystox and Sevin. Fish physiology and Biochemistry. 2007;33:15-20. DOI: 10.1007/s10695-006-9112-7
25. Jayaprakash C, Shettu N. Changes in the hematology of the freshwater fish, *Channa punctatus* (Bloch) exposed to the toxicity of deltamethrin. Journal of Chemical and Pharmaceutical Research. 2013;5(6):178-183.
26. David M, Sangeetha J, Shrinivas J, Harish ER, Naik VR. Effects of deltamethrin on haematological indices of indian major carp, *Cirrhinus mrigala* (Hamilton). Int. J. Pure Appl. Zool. 2015;3(1):37-43.
27. Srinivasa Rao G, Naik KB, Satyanarayana S, Rao NG. Haematological changes induced by the deltamethrin a synthetic pyrethroid technical grade and 11% EC (Decis) in the fish *Ctenopharyngodon idella* (Valenciennes). Journal of Innovations in Pharmaceutical and Biological Sciences. 2018;5:128-134.
28. Ghosh P, Das E, Ghosh A. Evaluation of haematological and behavioural changes in *Channa punctatus* (Bloch) on short-term exposure to a commercial-grade synthetic pyrethroid pesticide. Journal of Experimental Biology and Agricultural Sciences. 2022;10(1):97-103. DOI: [https://doi.org/10.18006/2022.10\(1\).97.103](https://doi.org/10.18006/2022.10(1).97.103)
29. Neelima P, Sunitha K, Gopala Rao N, Chandra Sekhara Rao J. Haematological alterations in *Cyprinus carpio* as biomarkers of cypermethrin toxicity. International Journal of Current Research. 2015;7(8):18864-18870.
30. Gunasekaran S, Vellaichamy KA. Hematological status of common carp, *Cyprinus carpio* L. exposed to a sublethal dose of organophosphorus pesticide, monocrotophos. J Pharm Innov. 2019; 8(3):178-82.
31. Ghayyur S, Khan MF, Tabassum S, Ahmad MS, Sajid M, Badshah K, Khan MA, Ghayyur S, Khan NA, Ahmad B, Qamer S. A comparative study on the effects of selected pesticides on hemato-biochemistry and tissue histology of freshwater fish *Cirrhinus mrigala* (Hamilton, 1822). Saudi Journal of Biological Sciences. 2021;28(1): 603-611. Available: <https://doi.org/10.1016/j.sjbs.2020.10.049>
32. Kole K, Islam MR, Mrong CE, Neepa NN, Sultana N, Haque MR, Salam S, Mostakim GM. Toxicological effect of sumithion pesticide on the hematological parameters and its recovery pattern using probiotic in *Barbonymus gonionotus*. Toxicology Reports. 2022;9:230-237. Available: <https://doi.org/10.1016/j.toxrep.2022.02.004>

**Disclaimer/Publisher's Note:** The statements, opinions and data contained in all publications are solely those of the individual author(s) and contributor(s) and not of the publisher and/or the editor(s). This publisher and/or the editor(s) disclaim responsibility for any injury to people or property resulting from any ideas, methods, instructions or products referred to in the content.

© Copyright (2024): Author(s). The licensee is the journal publisher. This is an Open Access article distributed under the terms of the Creative Commons Attribution License (<http://creativecommons.org/licenses/by/4.0>), which permits unrestricted use, distribution, and reproduction in any medium, provided the original work is properly cited.

Peer-review history:  
The peer review history for this paper can be accessed here:  
<https://prh.mbimph.com/review-history/3800>